

Östra Nattserie Karunki 4.10.2019

Korta 2,5km, tilanne rasteilla, rastivälien ajat

	1. [114]	2. [120]	3. [119]	4. [115]	5. [116]	6. [121]	7. [117]	8. [112]	9. [113]	10. [150]	Tulos
1. Palokangas Tatu	1-04:05	1-06:46	1-14:22	1-16:08	1-18:22	1-24:47	1-27:50	1-29:55	1-31:09	1-32:13	32:13
	1-04:05	1-02:41	5-07:36	1-01:46	2-02:14	1-06:25	1-03:03	1-02:05	1-01:14	1-01:04	
2. Vaara Niina	3-05:49	5-10:52	3-18:24	2-21:38	2-24:01	2-38:50	2-44:58	2-48:20	2-50:29	2-51:43	51:43
	3-05:49	7-05:03	4-07:32	3-03:14	3-02:23	6-14:49	4-06:08	3-03:22	4-02:09	2-01:14	
3. Rantakeisu Pauliina	4-05:59	6-10:57	4-18:28	3-21:47	3-24:12	3-38:54	3-45:11	3-48:24	3-50:33	3-51:47	51:47
	4-05:59	6-04:58	3-07:31	4-03:19	4-02:25	5-14:42	5-06:17	2-03:13	4-02:09	2-01:14	
4. Mäkikyrö Marika	6-07:21	4-10:50	6-22:34	5-26:07	5-28:44	4-40:19	4-46:20	4-50:02	4-51:57	4-54:03	54:03
	6-07:21	3-03:29	6-11:44	5-03:33	5-02:37	3-11:35	3-06:01	4-03:42	3-01:55	5-02:06	
5. Klippmark Gösta	5-06:32	3-10:45	2-17:57	4-22:15	4-25:05	6-44:55	6-50:18	6-54:00	5-55:52	5-57:51	57:51
	5-06:32	5-04:13	2-07:12	7-04:18	6-02:50	7-19:50	2-05:23	4-03:42	2-01:52	4-01:59	
6. Salo-oja Eero	7-12:15	7-15:46	5-22:24	6-26:15	6-29:14	5-40:40	5-49:33	5-53:53	6-56:09	6-58:32	58:32
	7-12:15	4-03:31	1-06:38	6-03:51	7-02:59	2-11:26	6-08:53	6-04:20	6-02:16	6-02:23	
Hyvärinen Mikko	2-04:27	2-07:34	7-30:26	7-32:30	7-33:59	7-48:27					hyl.
	2-04:27	2-03:07	7-22:52	2-02:04	1-01:29	4-14:28				7-32:22	

Mellan 3km, tilanne rasteilla, rastivälien ajat

	1. [118]	2. [104]	3. [119]	4. [115]	5. [116]	6. [121]	7. [117]	8. [112]	9. [113]	10. [150]	Tulos
1. Puumalainen Miikka	5-05:09	4-07:28	2-15:17	2-17:13	1-18:38	1-24:15	1-26:37	1-28:33	1-29:52	1-30:58	30:58
	5-05:09	2-02:19	4-07:49	3-01:56	6-01:25	2-05:37	2-02:22	2-01:56	10-01:19	7-01:06	
2. Perkkiö Tuomas	2-04:29	5-08:14	4-16:27	3-18:14	3-19:26	2-25:12	2-27:44	2-29:37	2-30:38	2-31:34	31:34
	2-04:29	13-03:45	5-08:13	1-01:47	1-01:12	3-05:46	3-02:32	1-01:53	2-01:01	3-00:56	
3. Pönttinen Matti	4-04:56	3-07:22	1-14:44	1-16:38	2-18:54	3-25:19	3-28:26	3-30:27	3-31:42	3-32:48	32:48
	4-04:56	3-02:26	1-07:22	2-01:54	14-02:16	4-06:25	5-03:07	3-02:01	8-01:15	7-01:06	
4. Oikarinen Markku	8-06:14	9-08:42	3-16:05	4-18:28	4-19:51	4-26:54	4-30:19	4-32:31	4-33:42	4-34:51	34:51
	8-06:14	4-02:28	2-07:23	10-02:23	4-01:23	8-07:03	9-03:25	7-02:12	4-01:11	9-01:09	
5. Lindelöf Jan	3-04:35	2-07:05	8-18:09	7-20:11	5-21:37	5-28:04	5-31:14	5-33:26	5-34:40	5-35:50	35:50
	3-04:35	5-02:30	13-11:04	5-02:02	7-01:26	5-06:27	7-03:10	7-02:12	7-01:14	10-01:10	
6. Roger Westin	13-08:18	12-10:50	9-18:19	8-20:36	7-22:00	6-29:04	6-32:24	6-34:34	6-35:44	6-36:42	36:42
	13-08:18	6-02:32	3-07:29	8-02:17	5-01:24	9-07:04	8-03:20	6-02:10	3-01:10	4-00:58	
7. Tolvanen Elias	10-06:37	8-08:36	6-17:57	5-20:01	9-23:46	7-30:15	7-32:59	7-35:00	7-36:16	7-37:10	37:10
	10-06:37	1-01:59	7-09:21	6-02:04	15-03:45	6-06:29	4-02:44	3-02:01	9-01:16	1-00:54	
8. Pöyry Tomi	1-03:54	1-06:27	12-22:47	11-24:43	11-25:58	10-31:34	8-33:55	8-35:58	8-36:58	8-37:53	37:53
	1-03:54	7-02:33	15-16:20	3-01:56	2-01:15	1-05:36	1-02:21	5-02:03	1-01:00	2-00:55	
9. Tolvanen Heidi	6-05:11	7-08:29	7-18:01	9-20:52	8-22:26	9-30:54	10-35:12	10-37:31	9-38:44	9-39:59	39:59
	6-05:11	12-03:18	8-09:32	13-02:51	8-01:34	11-08:28	12-04:18	9-02:19	6-01:13	12-01:15	
10. Hannila Petri	7-05:28	6-08:23	5-17:13	6-20:09	6-21:55	8-30:53	9-34:34	9-37:14	10-39:16	10-40:32	40:32
	7-05:28	9-02:55	6-08:50	14-02:56	10-01:46	13-08:58	10-03:41	13-02:40	15-02:02	13-01:16	
11. Tuomaala Sauli	14-09:52	14-13:01	13-22:54	13-25:08	12-26:30	11-33:17	11-36:24	11-38:44	11-39:56	11-41:00	41:00
	14-09:52	11-03:09	10-09:53	7-02:14	3-01:22	7-06:47	5-03:07	10-02:20	5-01:12	6-01:04	
12. Jens Westin	12-07:46	11-10:32	10-20:12	10-22:48	10-24:37	12-33:40	12-40:59	12-43:26	12-45:03	12-46:02	46:02
	12-07:46	8-02:46	9-09:40	11-02:36	11-01:49	14-09:03	13-07:19	11-02:27	12-01:37	5-00:59	
13. Grekula Aale	11-07:05	13-11:58	11-22:16	12-25:03	13-27:02	13-34:44	13-42:49	13-45:49	13-47:46	13-49:08	49:08
	11-07:05	15-04:53	11-10:18	12-02:47	12-01:59	10-07:42	15-08:05	14-03:00	14-01:57	14-01:22	
14. Frant Nina	15-10:47	15-13:55	14-24:13	14-26:33	14-28:14	14-37:10	14-44:54	14-47:24	14-48:48	14-50:00	50:00
	15-10:47	10-03:08	11-10:18	9-02:20	9-01:41	12-08:56	14-07:44	12-02:30	11-01:24	11-01:12	
15. Hannila Outi	9-06:25	10-10:30	15-26:31	15-29:40	15-31:49	15-41:51	15-45:58	15-49:31	15-51:25	15-53:03	53:03
	9-06:25	14-04:05	14-16:01	15-03:09	13-02:09	15-10:02	11-04:07	15-03:33	13-01:54	15-01:38	

Länga 5,5km, tilanne rasteilla, rastivälien ajat

	1. [101]	2. [102]	3. [103]	4. [104]	5. [111]	6. [121]	7. [116]	8. [119]	9. [120]	10. [114]	11. [101]	12. [117]	13. [112]	14. [113]	15. [150]	Tulos
1. Vapa Marko	1-01:52	2-08:58	3-12:50	3-14:13	2-21:43	2-23:25	1-27:55	2-31:06	2-33:27	2-34:55	2-36:29	2-39:58	1-41:45	1-42:41	1-43:37	43:37
	1-01:52	2-07:06	7-03:52	2-01:23	1-07:30	3-01:42	1-04:30	4-03:11	4-02:21	2-01:28	2-01:34	1-03:29	2-01:47	2-00:56	2-00:56	
2. Taulavuori Venla	2-01:58	3-09:32	2-12:02	1-13:24	1-21:23	1-23:09	2-27:57	1-30:52	1-33:01	1-34:33	1-36:15	1-39:44	2-41:52	2-42:55	2-44:04	44:04
	2-01:58	3-07:34	2-02:30	1-01:22	2-07:59	5-01:46	7-04:48	1-02:55	1-02:09	6-01:32	3-01:42	1-03:29	10-02:08	3-01:03	10-01:09	
3. Mäki Harri	7-02:19	8-12:37	5-15:06	5-16:44	5-25:49	5-27:29	4-32:01	4-35:18	4-37:34	4-39:01	4-40:45	3-44:15	3-46:10	3-47:27	3-48:31	48:31
	7-02:19	8-10:18	1-02:29	6-01:38	7-09:05	2-01:40	2-04:32	8-03:17	2-02:16	1-01:27	5-01:44	4-03:30	5-01:55	10-01:17	5-01:04	
4. Kalapudas Antti	2-01:58	1-08:35	1-11:41	2-13:47	3-23:39	3-25:38	3-30:36	3-33:44	3-36:21	3-38:15	3-40:40	4-44:34	4-46:40	4-48:04	4-49:17	49:17
	2-01:58	1-06:37	5-03:06	13-02:06	8-09:52	6-01:59	8-04:58	3-03:08	7-02:37	10-01:54	14-02:25	8-03:54	9-02:06	11-01:24	11-01:13	
5. Palokangas Mette	4-02:09	11-14:20	10-17:12	9-18:50	8-27:52	6-29:35	6-34:10	6-37:14	6-39:38	5-41:06	5-42:48	5-46:19	5-48:17	5-49:31	5-50:36	50:36
	4-02:09	12-12:11	4-02:52	6-01:38	6-09:02	4-01:43	4-04:35	2-03:04	5-02:24	2-01:28	3-01:42	5-03:31	7-01:58	6-01:14	6-01:05	
6. Ponkala Risto	5-02:14	7-12:22	6-15:59	6-17:32	7-27:49	7-30:16	7-34:52	7-38:17	7-40:52	6-42:37	6-44:09	7-48:38	7-50:23	7-51:18	6-52:19	52:19
	5-02:14	7-10:08	6-03:37	3-01:33	10-10:17	8-02:27	5-04:36	9-03:25	6-02:35	7-01:45	1-01:32	12-04:29	1-01:45	1-00:55	3-01:01	
7. Isaksson Ingvar	6-02:18	4-10:46	4-15:05	4-16:39	4-25:11	4-27:27	5-32:53	5-36:07	5-39:19	7-42:52	7-44:39	6-48:14	6-50:07	6-51:14	7-52:21	52:21
	6-02:18	4-08:28	10-04:19	4-01:34	3-08:32	7-02:16	9-05:26	5-03:14	12-03:12	14-03:33	7-01:47	7-03:35	4-01:53	4-01:07	8-01:07	
8. Höynälä Markku	14-08:10	14-18:40	12-21:14	12-22:54	11-31:55	11-33:31	10-38:04	10-41:20	9-43:40	9-45:08	9-46:53	8-50:22	8-52:19	8-53:34	8-54:42	54:42
	14-08:10	9-10:30	3-02:34	8-01:40	5-09:01	1-01:36	3-04:33	6-03:16	3-02:20	2-01:28	6-01:45	1-03:29	6-01:57	7-01:15	9-01:08	
9. Kotaniemi Janne	7-02:19	9-13:12	9-17:06	10-19:01	10-29:55	10-32:55	11-38:28	11-41:56	10-44:46	10-47:08	10-48:55	9-52:29	9-54:28	9-55:44	9-56:32	56:32
	7-02:19	10-10:53	8-03:54	12-01:55	12-10:54	11-03:00	12-05:33	10-03:28	9-02:50	12-02:22	7-01:47	6-03:34	8-01:59	9-01:16	1-00:48	
10. Klippmark Johan	10-02:23	5-12:14	8-16:47	8-18:21	6-27:01	9-30:48	8-35:25	8-38:41	8-41:45	8-43:15	8-45:04	11-54:03	11-55:53	10-57:04	10-58:05	58:05
	10-02:23	6-09:51	11-04:33	4-01:34	4-08:40	14-03:47	6-04:37	6-03:16	11-03:04	5-01:30	9-01:49	14-08:59	3-01:50	5-01:11	3-01:01	
11. Konstenius Jani	12-02:53	6-12:18	7-16:16	7-17:58	9-28:12	8-30:43	9-36:31	9-40:23	11-45:19	11-47:12	11-49:13	10-53:29	10-55:46	11-57:14	11-58:20	58:20
	12-02:53	5-09:25	9-03:58	9-01:42	9-10:14	9-02:31	13-05:48	13-03:52	14-04:56	9-01:53	12-02:01	11-04:16	13-02:17	12-01:28	7-01:06	
12. Seppä Tomi	11-02:25	10-13:22	11-19:20	11-21:08	12-32:03	12-35:09	12-40:41	12-44:27	12-47:04	12-48:55	12-50:49	12-55:02	12-57:18	12-58:33	12-59:48	59:48
	11-02:25	11-10:57	13-05:58	11-01:48	13-10:55	12-03:06	11-05:32	12-03:46	7-02:37	8-01:51	10-01:54	10-04:13	12-02:16	7-01:15	12-01:15	
13. Larsson Svante	9-02:21	13-17:25	13-23:13	13-24:55	13-35:22	13-38:46	13-44:16	13-47:53	13-50:48	13-53:03	13-54:58	13-58:53	13-1:01:08	13-1:02:37	13-1:03:53	1:03:53
	9-02:21	14-15:04	12-05:48	9-01:42	11-10:27	13-03:24	10-05:30	11-03:37	10-02:55	11-02:15	11-01:55	9-03:55	11-02:15	13-01:29	13-01:16	
14. Luodonpää Risto	12-02:53	12-15:47	14-32:48	14-39:11	14-50:08	14-52:54	14-59:35	14-1:04:09	14-1:07:56	14-1:10:54	14-1:13:09	14-1:20:40	14-1:23:16	14-1:24:45	14-1:26:13	1:26:13
	12-02:53	13-12:54	14-17:01	14-06:23	14-10:57	10-02:46	14-06:41	14-04:34	13-03:47	13-02:58	13-02:15	13-07:31	14-02:36	13-01:29	14-01:28	